

Weigh Station Friendly MENU:

Salad combo- Rabbit, Oranges and Kalmata Olives: A light salad with rabbit, oranges and kalmata olives. **Price: \$12.50**

Salad Combo- Local Smoked Trout, Apples and Goat cheese: A light salad with local big pine smoked trout. **Price: \$12.50**

Salad Combo- Feta & Herb Dressing, Kalmata olives & Artichokes. **Price: \$12.50**

Beef Burger with Fresh Vegetables: An 8 ounce local Grass fed beef burger topped with cheese and caramelized onions. Comes with a side of cauliflower “potatoes” and fresh vegetables. The beef is from a farm just outside Newport. It is grinded in house to ensure no filler or by-products do not enter the beef. **Price: \$13.00**

Beef Tagliata

Six ounces of thinly sliced local, grass fed beef slowly cooking in red wine and herbs. The sauce included is a balsamic vinegar reduction. Comes with an arugula salad, parmesan cheese shavings (no bread). Truly a decadent dish! **Price: \$18.00**

Local Lamb burgers: Local ground lamb burger (no bun) with a side of fresh seasonal veggies. (Comes frozen and must be cooked in the oven or on griddle) **Price: \$16.00**

Local Trout with Lemon: Local Trout with lemon, olive oil, garlic, capers and fresh veggies frozen in a parchment paper packet ready to bake whenever is right for you! Item arrives raw, must be fully cooked. **Price: \$17.00**

Local Rabbit: A wonderful dish cooked in wine, shallots and pink peppercorns (provides the pepper taste without the spice). Served with fresh seasonal vegetables. **Price: \$18.00**

Breakfast Frittata Mix: Breakfast in a jar? Yes! Fresh pasture-raised eggs with sautéed mushrooms and spinach and a side of brie cheese. All in a combined into jar that you shake, open and cook either in the oven or in a skillet. **Price: \$6.00**

Local Grass Fed Burger Patties (pack of 3): Local, grass-fed beef that we ground in house using quality cuts and no by product added. Three uncooked hamburger patties ready for your grill! These are the best hamburgers around! **Price: \$10.50**

Pinzimonio: A classic Italian vegetable and dip. Cut veggies to dip with a great quality extra virgin olive oil, balsamic vinegar, salt, pepper and garlic. It’s simple, but so very healthy. Olive oil is a great source of omega 3 fatty acids and vitamin E both of which we are often short of in our diet. With this combination of vegetables and olive oil you’ll have a wonderfully nutritious and satisfying snack. **Price: \$4.50** *contains trace amounts of anchovy